This thinksheet supports concepts taught in Social Fortune or Social Fate

PROBLEM SOLVING THERMOMETER

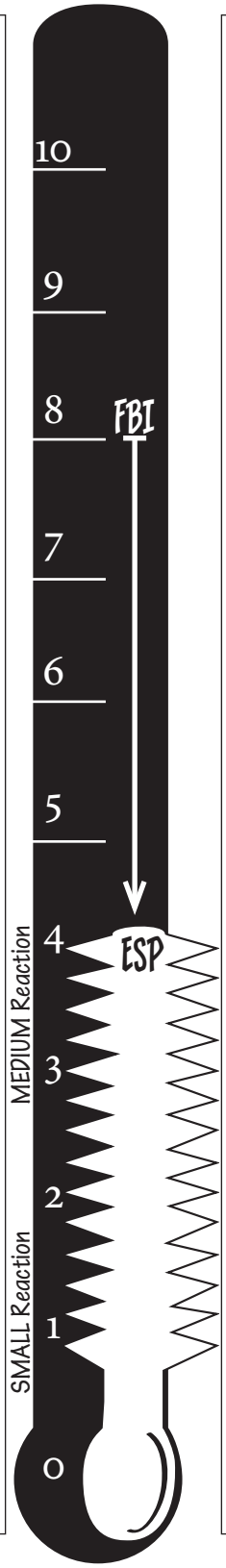
Size of the Problem

BIG Problems (8-10):

MEDIUM Problems (4-7):

SMALL Problems (1-3) :

NOT a Problem (0):



Feelings and Responding in a smaller way to medium and small size problems

Feelings and Responses for MEDIUM Problems (2-4):

Feelings and Responses for SMALL Problems (0-1):

Not a Problem (0):

Feel it **B**ig on the **I**nside (**FBI**) but **E**xpress it **S**maller when in **P**ublic (**ESP**)

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